


# AO Trauma Switzerland Annual Conference— **Mountain Sports Injuries;** New Trends / Tips and Tricks

May 2–3, 2024

Chur, Switzerland

PROGRAM



Home to  
trauma and  
orthopedics

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# Mission

The AO's mission is promoting excellence in patient care and outcomes in trauma and musculoskeletal disorders.

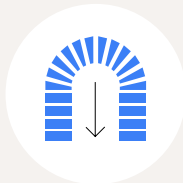
## The AO principles of fracture management

1



Fracture reduction and fixation to restore anatomical relationships.

2



Fracture fixation providing absolute or relative stability, as required by the “personality” of the fracture, the patient, and the injury.

3



Preservation of the blood supply to soft tissues and bone by gentle reduction techniques and careful handling.

4



Early and safe mobilization and rehabilitation of the injured part and the patient as a whole.

## Dear AO Trauma Switzerland Annual Conference participant,

We kindly invite you to the annual conference of AO Trauma Switzerland taking place from May 2-3, 2024 in Chur, Graubünden. The administrative meeting will take place later in the afternoon on May 2nd, followed by a joint dinner for all AO Trauma Switzerland members and annual meeting participants.

The canton of Graubünden is a vacation oasis, which attracts many sports enthusiasts both young and old every year, both in winter and summer. The range of possible leisure activities is huge; from hiking and climbing to high alpine tours, from enjoyable cycling to hardcore downhill trails, from skiing various slopes to breathtaking free-ride opportunities, just to name a few.

We live and work in a canton where visitors want to experience their limits, which occasionally leads to accidents. The Graubünden Cantonal Hospital acts as a central hospital in the middle of this leisure oasis. Accordingly, we treat many patients with mountain sports injuries. This is why we chose "Mountain sports Injuries: new trends / tips and tricks" as the topic of this conference.

We have selected these topics so that the most common bone injuries related to mountain sports are covered. Special attention will also be paid to mis healed fractures and their revision options which will be discussed at the end of each module.

Participants in residency program will receive a 50 % discount on the participation fee this year (please contact the organizer directly).

We look forward to your participation and fruitful discussions.



**Christoph Sommer**  
Kantonsspital Graubünden,  
Chur



**Michele Arigoni**  
President AO Trauma  
Switzerland

# Chairperson



**Christoph Sommer**  
Kantonsspital Graubünden,  
Chur

# Faculty

<b>Samuel Haupt</b>	Spital Oberengadin	Samedan
<b>Frank Beeres</b>	Luzerner Kantonsspital	Luzern
<b>Samy Bouaicha</b>	Universitätsklinik Balgrist	Zürich
<b>Philipp Stillhard</b>	Kantonsspital Graubünden	Chur
<b>Daniel Petek</b>	Hôpital Fribourgeois	Fribourg
<b>Christian Michelitsch</b>	Kantonsspital Graubünden	Chur
<b>Jochen Müller</b>	Ente Ospedaliero Cantonale	Lugano
<b>Anna Leucht</b>	Kantonsspital Winterthur	Winterthur
<b>Markus Knupp</b>	Mein Fusszentrum	Basel
<b>Christian Spross</b>	Stadtspital Zürich	Zürich

# Thursday

May 02, 2024

18:30-19:30	<b>ADMINISTRATIVE MEETING</b> Annual Meeting (MEMBERS ONLY)
19:45	<b>Group dinner at Restaurant KostBar</b> (For members and participants of the conference)

08:30–09:00	Registration
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Shoulder Girdle

09:00–09:20	Clavicle fractures—new trends / tips and tricks	C. Spross
09:20–09:40	AC-joint dislocation—new trends / tips and tricks	S. Haupt
09:40–10:00	Scapula fractures—new trends / tips and tricks	F. Beeres
10:00–10:20	Management of Mal-Unions	S. Bouaicha
10:20–10:30	Discussion	
10:30–11:00	Coffee Break	

Tibia Head Fractures

11:00–11:20	How to address the posterolateral corner—new trends/tips and tricks	P. Stillhard
11:20–11:40	How to treat posteromedial fracture-dislocations (Moore II, Schatzker IV)—new trends / tips and tricks	
11:40–12:00	How to treat combined tibia head and shaft fractures—new trends / tips and tricks	D. Petek
12:00–12:20	Management of Mal-Unions	C. Sommer
12:20–12:30	Discussion	
12:30–13:30	Lunch	

Fractures around the ankle joint

13:30–13:50	Pilon fractures—new trends / tips and tricks	C. Michelitsch
13:50–14:10	Malleolar fractures—new trends / tips and tricks	J. Müller
14:10–14:30	Talus fractures—new trends / tips and tricks	A. Leucht

## Friday (cont.)

May 03, 2024

14:30-14:50	Management of Mal-Unions	M. Knupp
14:50-15:00	Discussion	
15:00-15:30	Coffee Break	

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### **AO Trauma Switzerland Science award / DACH Fellowship**

15:30-15:40	Presentation of the three best papers	P. Stillhard
15:40-16:00	Report DACH Fellowship 2023	M. Kabelitz J. Zimmermann
16:00-16:30	Feedback and Goodbye	



# Event information

## Organization

### AO Foundation

AO Trauma Switzerland  
Stefanie Walser  
Clavadelerstrasse 8  
7270 Davos Platz, Switzerland  
Phone: +41 79 459 19 31  
E-mail: [stefanie.walser@aofoundation.org](mailto:stefanie.walser@aofoundation.org)

### Participants' contact

If you have any questions, please  
contact our Global Event Services Team  
E-mail: [aoges.emea@aofoundation.org](mailto:aoges.emea@aofoundation.org)

### Registration fee

General cost: CHF 100.-  
Resident: CHF 50.-

Included in the course fee are coffee  
breaks, cocktail reception, lunch.

### Cancellation policy

Cancellation policy: 50% until 30 days  
before the event. No refund thereafter.

## Online registration

[https://bit.ly/3uraxfJ\\_Jahrestagung2024](https://bit.ly/3uraxfJ_Jahrestagung2024)



## Language

Presentation Slides = English  
Language of presentation = English or German

## National CME accreditation

An application has been made to the Swiss  
Orthopedics und SGC for CME accreditation  
of this event.

# Venue

## Thursday, May 2, 2024

### Administrative Meeting

Hotel Stern Chur  
Reichsgasse 11  
7000 Chur, Switzerland

## Friday, May 3, 2024

### Seminar

Grossratsgebäude Kanton Graubünden  
Masanserstrasse 3  
7000 Chur, Switzerland

# General information

## Event organization compliance

In certain countries where AO has no office but offers educational events, the AO cooperates with third party companies to conduct local organization and logistics, as well as to communicate with participants in the local language. In these cases, the AO has put rules and guidelines in place to ensure that this cooperation has no impact on the curricula, scientific program, or faculty selection.

## AO funding sources

Unrestricted educational grants from different sources are collected and pooled together centrally by the AO. All events are planned and scheduled by local and regional AO surgeon groups based on local needs assessments. We rely on industrial/commercial partners for in-kind support to run simulations/skills training if educationally needed.

## Evaluation guidelines

All AO events apply the same evaluation process, which includes pre- and post-event online evaluation and on-site written questionnaires. These evaluation tools help ensure that AO continues to meet your training needs.

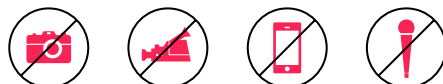
## Disclosures and conflicts of interest

Disclosure information and potential conflicts of interest (COI) can be viewed at the event webpage [https://bit.ly/3uraxfJ\\_Jahrestagung2024](https://bit.ly/3uraxfJ_Jahrestagung2024).

## Intellectual property

Event materials, presentations, and case studies are the intellectual property of the event faculty. All rights are reserved. For more information, please see: [www.aofoundation.org/legal](http://www.aofoundation.org/legal).

**Recording, photographing, or copying of lectures, practical exercises, case discussions, or any course materials is absolutely forbidden.**



The AO Foundation reserves the right to film, photograph, and audio record during their events. Participants must understand that in this context they may appear in these recorded materials. The AO Foundation assumes participants agree that these recorded materials may be used for AO marketing and other purposes and made available to the public.

## Security

There will be a security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

## No insurance

The event organization does not take out insurance to cover any individual against accidents, theft, or other risks.

## Use of mobile phone

Mobile phone use is not allowed in the lecture halls and in other rooms during educational activities. Please be considerate of others by turning off your mobile phone.

# Principles of AO educational events

## 1. Academic independence

Development of all curricula, design of scientific event programs, and selection of faculty are the sole responsibilities of volunteer AO network surgeons.

All education is planned based on needs assessment data, designed and evaluated using concepts and evidence from the most current medical education research, and reflects the expertise of the AO Education Institute ([www.aofoundation.org](http://www.aofoundation.org)).

Industry participation is not allowed during the entire curriculum development and planning process to ensure academic independence and to keep content free from bias.

## 2. Compliance to accreditation and industry codes

All planning, organization, and execution of educational activities follow existing codes for accreditation of high-quality education:

- Accreditation Criteria of the Accreditation Council for Continuing Medical Education, US ([www.accme.org](http://www.accme.org))
- ACCME Standards for Commercial Support: Standards to Ensure Independence in CME Activities ([www.accme.org](http://www.accme.org))
- Criteria for Accreditation of Live Educational Events of the European Accreditation Council for Continuing Medical Education ([www.uems.eu](http://www.uems.eu))

Events that receive direct or indirect unrestricted educational grants or in-kind support from industry also follow the ethical codes of the medical industry, such as:

- Medtech Europe Guidelines on Interactions with Healthcare Professionals ([www.medtecheurope.org](http://www.medtecheurope.org))
- AdvaMed Code of Ethics on Interactions with Health Care Professionals ([www.advamed.org](http://www.advamed.org))
- Mecomed Guidelines on Interactions with Healthcare Professionals ([www.mecomed.com](http://www.mecomed.com))

## 3. Branding and advertising

No industry logos or advertising (apart from the AO Foundation and its clinical divisions) are permitted in the area where educational activities take place.

Sponsors providing financial or in-kind support are allowed to have a promotional booth or run activities outside the educational area with approval from the event chairperson.

## 4. Use of technologies and products in practical sessions

In case practical sessions are chosen as an educational method to educate skills, the technologies and products used have been approved or reviewed by the AO Technical Commission—a large independent group of volunteer surgeons developing and peer-reviewing new technology on behalf of the AO Foundation.

Any technology and/or products used in the practical sessions of this event have been found suitable to serve the defined educational purposes.

This does not imply any statement about its use and performance in actual clinical scenarios.

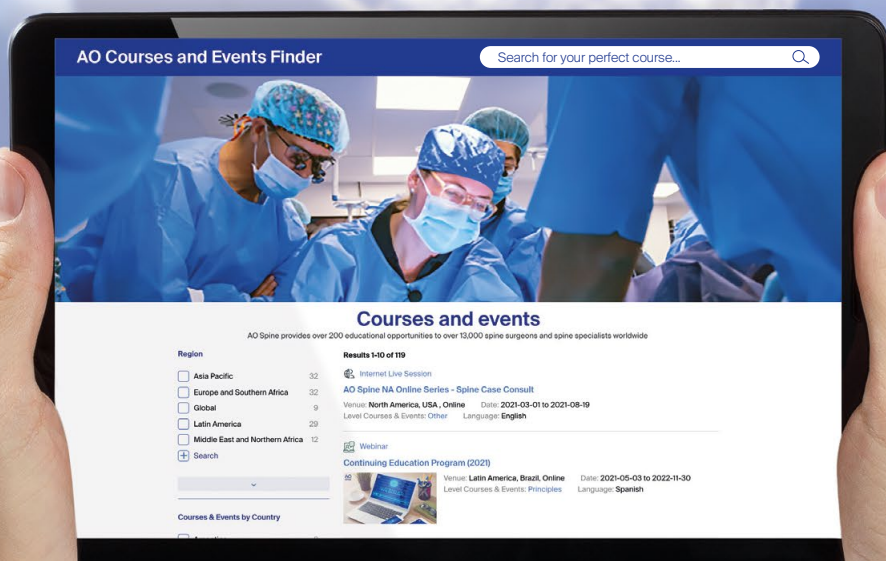
More information on the AO Technical Commission can be found on the AO's website: [www.aofoundation.org/tc](http://www.aofoundation.org/tc).

## 5. Personnel

Industry staff members are not permitted to interfere with the educational content or engage in educational activities during the event.



# Find your next learning activity



**Enhance your career, improve your knowledge, skills and network with the world's leading education provider to health care professionals working in the fields of trauma and musculoskeletal disorders.**

Choose from over 800 events each year including face-to-face hands-on surgical skills courses, seminars, and case discussion workshop groups as well as online courses, webinars, panel discussions and more. Courses can be filtered by specialty, country, topic and level.

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[www.aofoundation.org/our-courses-and-events/course-finder](https://www.aofoundation.org/our-courses-and-events/course-finder)

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More information at  
[www.aofoundation.org](https://www.aofoundation.org)

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future of AO Trauma



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exclusive AO Trauma  
**content**



**Develop**  
your personal and  
professional career



**Share** and **exchange**  
your knowledge



**AO Trauma** is the **leading global orthopedic trauma network** with a unique culture of surgeon leadership, camaraderie, volunteerism, and mutual respect.



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