

Grundkurse in Notfallmedizin SGNOR (4 Tage)

Refresher Kurse in Notfallmedizin SGNOR (1 Tag)

## Kursdaten

K	DA FR 2024/01 Cours de base (4 jours) (langue: FR)	09. - 12.12.2024 (le cours est complét -> liste d'attente)	Hotel Alpha, Fribourg
K	DA BE Salem 2025/01 Grundkurs (4 Tage) (DE)	14./15.01. und 28./29.01.2025 (der Kurs ist ausgebucht -> Warteliste)	Salemspital Bern
K	DA BE Salem 2025/02 Grundkurs (4 Tage) (DE)	04./05.03. und 18./19.03.2025 (der Kurs ist ausgebucht -> Warteliste)	Salemspital Bern
K	DA VS 2025/01 Grundkurs (4 Tage) (DE)	25. - 28.03.2025	Sanität Oberwallis, Visp
K	DA BS 2025/01 Refresher (1 Tag) (DE)	04.04.2025	Hotel Odelya, Basel
K	DA SO 2025/01 Grundkurs (4 Tage) (DE)	24./25.04. und 01./02.05.2025	Hotel Olten, Olten
K	DA BE Möschberg 2025/01 Grundkurs (4 Tage) (DE)	13. - 16.05.2025	Seminarhotel Möschberg, Grosshöchstetten
K	DA GR 2025/01 Grundkurs (4 Tage) (DE)	23. - 26.06.2025	Forum Landquart
K	DA BS 2025/02 Grundkurs (4 Tage) (DE)	21./22.08. und 18./19.09.2025	Hotel Odelya, Basel
K	DA ZH 2025/01 Grundkurs (4 Tage) (DE)	02. - 05.09.2025	Best Western Hotel Spirgarten, Zürich
K	DA BS 2025/03 Refresher (1 Tag) (DE)	17.10.2025	Hotel Odelya, Basel
K	DA BE Salem 2025/03 Grundkurs (4 Tage) (DE)	04./05.11. und 18./19.11.2025	Salemspital Bern
K	DA GR 2025/02 Refresher (1 Tag) (DE)	11.11.2025	Forum Landquart
K	DA GR 2025/03 Refresher (1 Tag) (DE)	12.11.2025	Forum Landquart

# DAK Course Programm - Proposition for 4 Groups

## 1st day

Time	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material
08h30-09h15	<b>Welcome</b> <b>Presentation of the Instr.&amp;Participants</b> <b>Introduction</b> <i>Course leader</i>							
09h15-10h00	<b>BLS</b> <i>1 instructor per group</i> Annie, Bag							
10h15-10h45	<b>Break</b>							
10h30-10h45	Präsentation Rea		Beamer, Computer		<i>Course leader</i>			
10h45-12h00	<b>BLS + Defi</b> <i>all instructores keep their groupe for the whole morning</i>							
12h00-13h00	<b>Lunch</b>							
13h00-13h45	<b>Venous and io-access</b>		<b>Airway Management</b>		<b>Diagnosis of cardiac</b>		<b>Unexpected death &amp; psychiatric emergency</b>	
13h45-14h30	<i>Instructor: Silvia</i>		<i>Instructor: _____</i>		<i>rhythms</i>		<i>Instructor: _____</i>	
15h00-15h45	Arm for venous		Annie, Bag,		Annie, Bag, ev.		Bag, ev. Annie	
15h45-16h30	punction, io-Box		"Kissenmaske", ev.		Rhythm-Box			
			Larynxmask and		<i>Instructor: Steffi?</i>			
			Larynxtube					
16h30-17h00	<b>The Emergency Bag</b> <i>Instructor: _____</i>							
17h00-17h15	<b>Debriefing</b> <i>all together</i>							
17h15	<b>End</b>							

## 2nd day

Time	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material
08h30-09h00 09h00-09h30 09h30-10h00 <b>Break</b> 10h30-11h00	<b>Intoxication</b> <b>Narcan, Anexate</b> <i>Instructor: _____</i>	Annie, Bag, Bottles, Blisters	<b>Epilepsie</b> <b>Benzodiazepines</b> <i>Instructor: _____</i>	Annie, Bag	<b>Neurologic Emergency (insult)</b> <b>Nifedipin</b> <i>Instructor: _____</i>	Annie, Bag	<b>Pulmonary Oedema</b> <b>Lasix, Nitro</b> <i>Instructor: _____</i>	Annie, Bag
11h00-11h30 11h30-12h00 <b>Lunch</b> 13h00-13h30 13h30-14h00	<b>Acute Tachycardia</b> <b>Cardarone, Dormicum, Krenosin (negativ)</b> <i>Instructor: Steffi</i>	Annie, Bag, Rhythm-Box	<b>Hypoglycemia</b> <b>Glucose</b> <i>Instructor: _____</i>	Annie, Bag	<b>Bolus aspiration</b> <i>Instructor: _____</i>	Annie od Mr. Hurt (prepared!), Bag	<b>Anaphylaxis</b> <b>Adrenalin, Tavegyl, Cortison</b> <i>Instructor: _____</i>	Annie, Bag
14h00-14h30 <b>Break</b> 15h00-15h30 15h30-16h00 16h00-16h30	<b>Acute Asthma crisis</b> <b>inhalation: Ventolin, Adrenalin</b> <i>Instructor: _____</i>	Annie, Bag, ev. Junior	<b>Hyperventilation</b> <b>Temesta</b> <i>Instructor: _____</i>	Annie, Bag	<b>Acute coronary syndrome</b> <b>Aspirin, Nitro, Morphin</b> <i>Instructor: _____</i>	Annie, Bag, ev. Rhythm-Box	<b>Hemorrhagic shock</b> <b>Infusions</b> <i>Instructor: _____</i>	Annie, Bag, Bottles, Blisters
16h30-17h00	<b>Introduction in trauma</b> Beamer, Computer Course leader							
17h00-17h15	<b>Debriefing</b> <i>all together</i>							
17h15	<b>End</b>							

### 3rd day

Time	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material	Theme, <b>Drugs</b> , <i>Instructor</i>	Material
08h30-09h15 09h15-10h00 <b>Break</b> 13h00-11h15 11h15-12h00	<b>Managment of spine, log-roll</b> <i>Instructor: _____</i>	Spineboard, Vacuum	<b>Sam-Splint, Fixation, Cervical Collars</b> <i>Instructor: _____</i>	Cervical Collars, Sam Splints, Sam-Sling,	<b>Helemt remouval, Head-Fixation by hands</b> <i>Instructor: Steffi</i>	Helmet, ev. Cervical Collars	<b>Fall from Scaffold, pneumothorax</b> <i>Instructor: _____</i>	Cervical Collar, Bag, "Mr. Hurt"
12h00	<b>Lunch</b>							
13h00-13h45 13h45-14h30 <b>Break</b> 15h00-15h45 15h45-16h30	<b>Traffic Accident</b> <i>Instructor: Steffi</i>	Spineboard, Cervical Collar, Bag, "Mr. Hurt"	<b>Motorcycle Accident</b> <i>Instructor: _____</i>	Spineboard, Vacuum, Cervical Collar, Helmet, Bag, "Mr. Hurt"	<b>Modulated ACS</b> <i>Instructor: _____</i>	Bag, Annie, ev. Rhythm-Box	<b>Burn</b> <i>Instructor: _____</i>	Bag, ev. Annie
16h30-17h00	<b>Pre-triage</b>	Computer, PLS						
17h00-17h15	<b>Debriefing</b> <i>all together</i>							
17h15	<b>End</b>							

## 4th day

Time	Theme, <i>Drugs</i> , <i>Instructor</i>	Material	Theme, <i>Drugs</i> , <i>Instructor</i>	Material	Theme, <i>Drugs</i> , <i>Instructor</i>	Material	Theme, <i>Drugs</i> , <i>Instructor</i>	Material
08h30-09h15 09h15-10h00 <b>Break</b> 10h30-11h15 11h15-12h00	<b>Drowning</b> <i>Instructor: _____</i>	Annie, Bag	<b>Respiratory emergency of the child</b> <i>Instructor: _____</i>	Junior, Bag	<b>Unexpected Birth ev. Ventolin inhalation (tocolytic)</b> <i>Instructor: Steffi</i>	Birth Modell, ev. Baby, Bag	<b>Baby Shock &amp; reanimation</b> <b>Adrenalin at the child</b> <i>Instructor: _____</i>	Baby, Bag, io-Box
12h00	<b>Lunch</b>							
13h00-15h00	<b>Practical evaluation MCQ</b> <i>All Instructors</i> Bag, Annie, ev. Rhythm-Box							
15h00	<b>Break</b>							
15h30-16h30	<b>Evaluation, Discussion, Debriefing</b> <i>all together</i>							
16h30	<b>End of Cours for Participants</b>							
16h30-17h30	<b>Controlling of the material</b> <i>Course instructors</i>							
17h30	<b>End of Cours for Instructors</b>							

Break, lunch, end of course-day

in plenum

Work in groups

## Dienstarzt Refresherkurs SGNOR - Kursprogramm

Wann?	Was?	Wer?
ab 07:00	Einrichten der Gruppenräume	zea
08 30	Begrüssung, Vorstellungsrunde, Gruppeneinteilung	zea
08:45	Update REA Richtlinien 2020	zea
09:15	<b>1.Modul: Opiatintoxikation (40)</b> Airway management, Beatmung, Naloxon	zea
10:00	<b>2.Modul: ACS (22)</b> Incl. Algorithmen VT, pKT, Herzmassage	asa
10:45	Kaffeepause	
11:00	<b>3.Modul: Anaphylactic shock (24)</b> Incl. Asthma, Inhalation, Ventolin, Adrenalin, BIG	zea
11:45	<b>4.Modul: Acute Bradykardie / Tachykardia (26)</b> Rhythmusanalyse, Übersteuerung, Atropin, Esmolol	asa
12:30	Mittagessen	
13:30	<b>5.Modul: C-spine lesions, helmet removal (50)</b> Incl. Stiff Neck, Sam Splint, neurolog. Beurteilung	asa
14:15	<b>6.Modul: Resuscitation infant (68)</b> Beatmung/Herzmassage/REA bei Kindern und Säuglingen, mit FK Aspiration	zea
15:00	Kaffeepause	
15:15	<b>7.Modul: Fall from scaffold (54)</b> Spannungspnö, primary/secondary survey	asa
16:00	<b>8.Modul: EPH-Gestosis, HELLP (63)</b> Incl. Dormicum, Mg	zea
16:45	Fragen, Schluss	
ab 17:00	Aufräumarbeiten, Materialkontrolle	TF, AZ

**zea** André Zemp (Kursleiter)

**asa** Agnes Ascani