



Arthroscopic Procedures for Rookies to Masters

Date: Saturday 01.02.2025

Location: SITEM Inselspital Bern, Freiburgstrasse, Bern

Language: Presentations in English (Tutors are all German and/or French speaking)

Costs: 1200 CHF

Credits: SGH CME 8 credits (and official recognition by the SIWF)

Registration: via e-mail Chefarztsekretariat.hand@insel.ch

Please indicate your desired group (1 or 2)
in the mail of registration!

The number of participants is limited!

Faculty:



Guest speaker

Lorenzo Merlini,
Clinique du poignet, Paris



Dominique Merky
Inselspital Bern



Esther Vögelin
Inselspital Bern



Sebastian Günkel
Stadtspital Zürich



Damian Sutter
Inselspital Bern



Luzian Haug
Berner Handzentrum



Program

	Presentation	Practice
8.15	Welcome coffee/sign up	
8.30	Evolution of wrist arthroscopy	
09.00	Basics Arthroscopy, Arthroscopic resection of Ganglion Shrinking in carpal instabilities	Group 1: Diagnostic round, resection of potential ganglion locations Group 2: Tips and Tricks in diagnostic arthroscopy
10.15	Coffee break	
10.30	TFCC-Refixation/ - Rekonstruktion	Group 1: TFCC –Refixation and TFCC – Reconstruction Group 2: TFCC –Refixation
12.00	Lunch	
12.30	SL-Refixation/Reconstruction	Group 1: SL-Refixation/-Reconstruction (PC-Ho and Mathoulin) Group 2: Debridement Defects/Zysts with Burr, arthroscopic Refilling, SL-Refixation
14.30	LC-Fusion, Styloid-Resection	Group 1: LC-Fusion, Styloid-Resection Group 2: Styloid-Resection, Wafer-Procedure
16.00	Proximal row carpectomy	Group 1 and 2: Arthroscopic PRC
18.00	End of course Certificate	



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