

# PROGRAM

## THURSDAY, 7 MAY 2026 - UPPER EXTREMITIES

From 7:45	Arrival/Coffee
8:15	Opening session
8:45 - 12:15	<b>DISTAL HUMERUS</b>
	Keynote lecture by Christian Spross, MD
	Case discussions and establishment of tailored patient treatment plan
	Coffee break
	Hands-on practice in the wet lab
	Plenary discussion and review of practical implementation
12:15 - 13:15	Lunch break
13:15 - 18:30	<b>PROXIMAL HUMERUS</b>
	Keynote lecture by Beat Moor, MD (ORIF - Plate osteosynthesis)
	Keynote lecture by Christian Spross, MD (Reverse total shoulder arthroplasty)
	Case discussions and establishment of tailored patient treatment plan
	Coffee break
	Hands-on practice in the wet lab (ORIF with plate osteosynthesis)
	Breakout session: Hands-on practice in the wet lab (fracture treatment with reverse total shoulder arthroplasty)
	Plenary discussion and review of practical implementation (ORIF & RTSA)
19:30	Dinner, Bern city center

## FRIDAY, 8 MAY 2026 - LOWER EXTREMITIES

7:30	Arrival/Coffee
8:00 - 12:00	<b>PROXIMAL TIBIA</b>
	Keynote lecture by Christoph Meier, MD
	Case discussions and establishment of tailored patient treatment plan
	Coffee break
	Hands-on practice in the wet lab
	Plenary discussion and review of practical implementation
12:00 - 13:00	Lunch break
13:00 - 17:00	<b>DISTAL TIBIA/FIBULA (INCL. PILON TIBIALE)</b>
	Keynote lecture by Philipp Stillhard, MD
	Case discussions and establishment of tailored patient treatment plan
	Coffee break
	Hands-on practice in the wet lab
	Plenary discussion and review of practical implementation
17:00	Wrap-up session