

# PROGRAM TONGUE TIME 2026

January 15th-17th, 2026

Olma Messen, St.Gallen, Switzerland

## Thursday, January 15th, 2026

7.30 AM

**Hall 2.1 & hall 2.0**

**Door opening**

8.15-8.45  
AM

**Hall 2.1**

**Welcome**

Dr. Ralf Dornieden

8.45-9.30  
AM

**Hall 2.1**

**Foundations First, Futures Unfolding: Building Global Clinical Excellence in Frenectomies and Beyond**

Dr. Raymond J. Tseng

9.30-10.15  
AM

**Hall 2.1**

**Fascia Freedom Function**

Dr. Justin Roche & Kate Roche

10.15-10.45  
AM

**Networking & coffee break**

10.45-  
11.45 AM

**Hall 2.1**

**Tongue Ties and Beyond: A Critical Look at Diagnosis and Treatment**

Dr. Ankita Shah

11.45AM-  
12.30PM

**Hall 2.1**

**International consensus on tongue-tie assessment and treatment: a multidisciplinary Delphi-study**

Dr. Sharon Smart

Business exhibition in hall 2.0

Thursday, January 15th, 2026

12.30-2.00  
PM

**Lunch break**

2.00-3.00  
PM

**Hall 2.1**

**Tongue-Tie Update: How Oral Restrictions Impact Feeding, Speech, and Sleep Across the Lifespan**  
Dr. Richard Baxter

3.00-3.45  
PM

**Hall 2.1**

**Reconsidering Stuttering: How Breathing Dysfunction and Ankyloglossia May Contribute to Dysfluency**  
Linda D'Onofrio

3.45-4.45  
PM

**Hall 2.1**

**Unlocking Airway Health from Infancy: Recognising the First Signs, Preventing Lifelong Consequences**  
Dr. Shereen Lim

4.45-5.15  
PM

**Networking & coffee break**

5.15-6.00  
PM

**Hall 2.1**

**Implications of Tongue and Lingual Frenulum Anatomy and Function for Tongue-Tie Management**  
Dr. Daniela Karall & Márta Guóth-Gumberger

6.00-6.45  
PM

**Hall 2.1**

**The integrative lingual functional frenuloplasty for children and adults: Incorporating Myofunctional Therapy, Craniopathy, and Collaboration with Medical Professionals**  
Dr. Milton Geivelis

6.45-7.30  
PM

**Hall 2.1**

**Round table: Release Techniques: Is There a Universal Gold Standard?**  
Attendees

Business exhibition in hall 2.0

Friday, January 16th, 2026

## 8.00-8.45 AM Workshops

### Hall 9.0

**Holistic Myo-Surgical Team Approach to Lingual Frenuloplasty in mixed aged groups**

Dr. Anna Lichnowska &  
Dr. Adrian Gnatek

### Hall 9.0

**Optimizing post-operative healing following frenectomy - Integrating Biologics and therapy for enhanced recovery**

Dr. Suraj Vatish

### Hall 9.0

**Tongue-tie Management: The Surgeon's Role in a Collaborative Team - From Newborns to Older Patients**

Dr. Eyal Botzer

### Hall 9.0

Tbd

Tbd

### Hall 9.0

**The Joys and Challenges of Incorporating TOTS, Airway and Laser Procedures into Your Pediatric Dental Practice**

Dr. Brynn Leroux

## 8.45-9.30 AM Workshops

### Hall 9.0

**Growing issues with tethered oral tissues**

Dr. Kirsten Slagter

### Hall 9.0

**The big picture: it's all about structure, function and behaviour - airway risk assessment across different age groups**

Dr. Christian Leonhardt

### Hall 9.0

**A functional and structural bodywork approach to infant tongue and oral ties**

Polly Wilkie

### Hall 9.0

**Enhancing Dental sleep medicine and pain control in infant tethered tissue surgery: the role of acupuncture**

Dr. Louis Chan

### Hall 9.0

**Automation: A New Therapeutic Goal in MFT - Achieving It Through the Integration of the Anesthetic Approach**

Dr. Patrick Fellus

Business exhibition in hall 2.0

9.30-10.00  
AM

**Networking & coffee break**

**Friday, January 16th, 2026**  
**Therapeutic Workshops**  
**10.00 AM-12.30 PM**

**Hall 9.0**

**Why and How to Treat Tongue Tie and Syndromic Co-Morbidities: Ehlers-Danlos, Autism, & ADHD**

Samantha Weaver

**Hall 9.0**

**Unraveling Tongue-Tie: A Key to More Effective TMD Treatment**

Sarah Hornsby

**Hall 9.0**

**Preparing Toddlers, Parents and Special Populations for Lingual Frenectomy**

Linda D'Onofrio

**Hall 9.0**

**Cultivating Healthy Smiles: Nurturing Oral Health From the Start**

Joy Lantz

**Hall 9.0**

**Neuro-development & Airway Considerations for the Newborn to Precrawling Infant**

Michelle Emanuel

**Scissor Workshops**  
**10.00 AM-11.15 AM      11.15 AM-12.30 AM**

**Hall 9.0**

**Infant assessment for oral restriction: The IBCLC's holistic perspective**

Dr. Gina Weissman & Orr Cohen

**Hall 9.0**

**How to treat tongue-tie by scissor frenotomy creating a diamond-shaped wound, no general anesthesia, no sutures and with gentle aftercare for positive functional outcomes**

Dr. Daniela Karall & Márta Guóth-Gumberger

**12.30-2.00 PM**

**Lunch break**

**Business exhibition in hall 2.0**

Friday, January 16th, 2026

**2.00-2.45  
PM Workshop**

**Hall 9.0**

**Tied up in  
paediatric  
feeding  
disorder? A  
comfort-first  
approach to  
tethered oral  
tissues**

Carly Veness

**Hall 9.0**

**Unlocking  
Speech and  
feeding  
potential: the  
hidden  
influence of  
primitive  
reflexes and  
the tongue**

Dr. Nada  
Makki-Karnib

**Hall 9.0**

**The role of  
the IBCLC in  
the  
collabration  
on pre-  
release care  
for tongue-  
tied babies**

Jessica  
Altemara &  
Tine Greve

**Hall 9.0**

**From  
release to  
results:  
using myo,  
massage  
and manual  
therapy to  
enhance  
frenectomy  
results**

Angie  
Lehman &  
Stacey  
Steely

**Hall 9.0**

**Breathing,  
chewing, and  
cranial  
growth:  
unlocking  
stability  
through  
airway and  
oral myo-  
functional  
awareness**

Melissa  
Mugno

**2.45-3.30  
PM  
Workshop**

**Hall 9.0**

**Beyond the  
Release:  
Untangling  
Oral  
Dysfunction,  
Postural  
Adaptations,  
and the Path  
to Rewiring  
the Nervous  
System**

Dr. Jenna  
Davis

**3.30-4.00  
PM**

**Networking & coffee break**

**Business exhibition in hall 2.0**

Friday, January 16th, 2026

4.00-6.00 PM Workshops

<b>Hall 9.0</b> <b>Advance-ments in A Functional Approach to Tongue-Tie, Myofunctional Therapy, and Tongue Space: Insights from 7 Years of Clinical Research and Practice</b>  Dr. Soroush Zaghi	<b>Hall 9.0</b> <b>The Complete Guide to Tongue-Tie Treatment: Best Practices, Research, and Collaborative Care for Thriving Patients</b>  Dr. Richard Baxter	<b>Hall 9.0</b> <b>Trials, Tribulations and Triumphs: Teaming Up for Transformative Tongue Tie Treatment</b>  Dr. Justin Roche & Kate Roche	<b>Hall 9.0</b> <b>From Seizures to Stability: Unpacking the Neurological Ripple Effect of Tie Releases</b>  Dr. Marjan Jones & Dr. Scott Wustenberg	<b>Hall 9.0</b> <b>A Lifespan Lens on Tongue-Tie: Functional Clues, Airway Health &amp; Interdisciplinary Solutions</b>  Dr. Shereen Lim
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<b>6.00-7.00 PM</b>	<b>Hall tbd</b> <b>Round table: Essential or Excessive? Rethinking Pre- and Post-Treatment Care</b> Attendees
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Business exhibition in hall 2.0

**Saturday, 17th January, 2026**

**Hall 2.1**

**8.00-9.00  
AM**

**Advancements in A Functional Approach to  
Sleep & Breathing: Tongue-Tie, Tongue-Tone,  
and Tongue-Space**  
Dr. Soroush Zaghi

**9.00-10.00  
AM**

**Hall 2.1**

**Maxillary Frenulum Dilemma: Current  
Classifications and Clinical Guidelines**  
Dr. Gina Weissman

**10.00-10.30  
AM**

**Networking & coffee break**

**10.30-11.30  
AM**

**Hall 2.1**

**Untethering Potential: Advancing Breastfeeding  
Outcomes and Functional Health from Infancy  
Onward**  
Dr. Marjan Jones

**11.30-12.30  
AM**

**Hall 2.1**

**Round table: The role of collaboration**  
Attendees

**12.30-2.00  
PM**

**Lunch break**

**2.00-3.00  
PM**

**Hall 2.1**

**Future Research**

**Business exhibition in hall 2.0**

Saturday, 17th January, 2026

3.00-4.00  
PM

Hall 2.1

**Tbd**  
Dr. Stanley Liu

4.00-4.30  
PM

**Networking & coffee break**

4.30-5.15  
PM

Hall 2.1

**Minimizing Risks and Overcoming Challenges in  
Frenectomy Procedures**  
Dr. Maribel Santos-Cordero

5.15-6.15  
PM

Hall 2.1

**An Expanded Definition of 'Core' –  
The HypoGlossal Connection to Breath,  
LumboPelvic Stability, and Arch Dynamics**  
Tom Myers

6.15-7.00  
PM

Hall 2.1

**Round table: Conclusion**  
Attendees

7.00 PM

Hall 2.1

**Closing**

Business exhibition in hall 2.0