

Program of the 8th Swiss Hernia Days 2025 (23th – 24th October 2025)

Thursday 23.10.2025

8:30 – 9:00	Registration
9:00 – 9:15	Welcome (Philipp Kirchhoff, Henry Hoffmann)
9:15 – 10:15	<i>Session 1 – Swiss Young Surgeons Session</i> Moderation: Johanna Willburger, tba Do's and don'ts in ventral hernia repair - Eva Deerenberg (Netherlands) Preventing complications in inguinal hernia repair – Dietmar Eucker (Switzerland) Becoming an abdominal wall surgeon – Davide Lomanto (Singapore)
10:15 – 11:15	<i>Session 2 – The female hernia</i> Moderation: Eva Deerenberg, Iliana Geogloman Same same but different: female hernias – Vedra Augenstein (USA) How to treat female ventral hernias in child-bearing age – Sandra Kaufmann (Switzerland) Inguinal varicosis, Nuck cyst and intraoperative round ligament management – Saskia Urbani (Germany)
11:15 – 11:45	Coffee break
11:45 – 12:45	<i>Session 3 – Important UpDates</i> Moderation: Yuri Novitsky, Alexis Theodorou Best three hernia papers in 2025: my choice – Walter Brunner (Switzerland) Mesh technology: where are we 2025 – Uli Dietz (Switzerland) UpDate reimbursement system for hernia surgery in Switzerland – Marc-Oliver Sauvaign (Switzerland)
12:45 – 13:15	Lunch break
13:15 – 14:00	Lunch Symposium - BD
14:00 – 15:00	Session 4 - Grand Round – Diastasis recti Moderation: Henry Hoffmann, Philipp Kirchhoff Podium: Jan Kukleta (Switzerland), Anders Olson (Sweden), Vedra Augenstein (USA), Eva Deerenberg (Netherlands), Gernot Köhler (Austria)

	Input Talk – Treatment concepts of diastasis recti (Anders Olson, Sweden)
15:00 – 15:30	Coffee Break
15:30 – 16:30	<i>Session 5 – Words of caution</i> Moderation: Davide Lomanto, Jonathan Douissard Disasters from component separation – Todd Heniford (USA) Risk of hernia overtreatment in the area of robotic surgery – Frederik Helgstrand (Denmark) I learned it from Youtube – Knut Borch (Norway)
16:30 – 17:30	<i>Session 6 When the shit hits the fan</i> Moderation: Björn Mück, Jan Kukleta <i>Case 1 – Jonathan Douissard (Switzerland)</i> <i>Case 2 – Gernot Köhler (Austria)</i> <i>Case 3 – Alexis Theodorou (Greece)</i>
17:24 – 18:00	<i>Keynote lecture</i>
19:00	Networking Event

Friday 24.10.2025

8:30 – 9:00	Registration
9:00 – 10:30	Deferred Life Surgery part I Moderation: Walter Brunner, Saskia Urbani How to approach the scrotal hernia – Jonathan Douissard (Switzerland) Inguinal mesh removal – Vedra Augenstein (USA) Parastomal hernia repair – Gernot Köhler (Austria)
10:30 – 11:00	Coffee Break
11:00 – 12:30	Deferred Life Surgery part II Moderation: Todd Heniford, Jan Kukleta Robotic flank hernia repair – Björn Mück (Germany) TAR – Yuri Novitsky (USA) Ventral TAPP – Sandra Kaufmann (Switzerland)

12:30 – 13:00	Lunch break
13:00 – 13:30	Lunch Symposium - Distalmotion
13:30 – 14:30	<i>Session 7 – Clinical decision making</i> Moderation: Anders Olsson, Vedra Augenstein Limits of robotic approach in AWR – Yuri Novitsky (USA) Management of chronic postoperative inguinal pain (CPIP) – Debora Nowakowski (Switzerland) When all bridges are burned: bail out procedures in AWR – Todd Heniford (USA)
14:30 – 15:15	<i>Coffee break</i> SAHC Annual Meeting (Members only)
15:15 – 16:15	<i>Championsleague</i> Moderation: Philipp Kirchhoff Team Switzerland: Dietmar Eucker, Sandra Kaufmann Team Europe: Knut Borch, Frederik Helgstrand Team Asia-America: Davide Lomanto, Vedra Augenstein Case 1 – Iliana Geogloman (United Kingdom) Case 2 - Lucy Hinton (USA) Case 3 – Johanna Willburger (Switzerland)
16:15 – 16:45	Best Video Award Jury and Moderation: Knut Borch, Marc-Olivier Sauvain Presentation of best three videos
16:45	Announcement winner “Industry Rally” and Farewell