

Feedback of the 1st Postgraduate ESES Camp Blattebdurren (15-18 August 2024)

We are a group of 11 participants from various parts of the world who had the privilege of attending the ESES Postgraduate Camp in Endocrine Surgery - Blattendürren. Collectively, we aimed to enhance our knowledge and skills in preparation for our upcoming professional exams and career. However, the experience we gained from this camp, thanks to the incredible mentors, far exceeded our expectations.

Concept 10/10

Throughout our respective surgical careers, rarely have we encountered a course that so thoroughly exceeded our expectations as this one. The camp was exceptional by creating a friendly and supportive environment where we could freely discuss, express ourselves, and engage in learning without any fear or stress along with the outdoor activities were particularly enriching, offering opportunities for us to connect, exchange experiences with each other and our mentors, while also creating lasting, enjoyable memories.

Venue 9/10

The beautiful nature around us with daily outdoor studying in the heart of Switzerland with fresh air and simplicity. That camp adopted us, under its old roof, to live together with what we called in the end our extended endocrine surgery family.

Organisation 9.5/10

Very well organised. It was clear and structured properly. As a group, we were unanimous in our appreciation of the camp. Prof. Thomas ensured that we were well-taken care of, providing us with an abundance of knowledge and support. Prof. Özer not only shared his experiences but also made us feel at home and kept us informed about upcoming events and courses. Prof. Andrea was a true friend to all, offering unwavering support and ensuring that we followed the schedule.

Content and teaching units 9.5/10

The topics were well chosen. With lots of knowledge and luxury of exchanging experiences from all over the world. The teaching methods deferred from one mentor to another, as well as the participants who took part in preparing. They all shared wonderful ways of conveying the knowledge needed for all. The teaching units were meticulously designed to thoroughly prepare attendees for the EBSQ in Endocrine Surgery, with each session led by highly experienced and knowledgeable instructors. The camp provided an invaluable opportunity for professional growth, networking, and deepening of surgical skills, making it an essential experience for anyone in the field of endocrine surgery.

Catering 9.8/10

More than enough. Clean, Yummy with different variations. Along will all day snacks.

This was truly a once-in-a-lifetime experience, where each of us felt a profound sense of belonging, care, and mentorship. The chance to share our experiences and learn from one another added immense value to our professional journeys, broadening our perspectives and deepening our understanding. From acquiring advanced surgical knowledge and

techniques to discussing our most challenging cases. The insights we gained were invaluable. We cannot adequately express our collective gratitude for this camp and the remarkable individuals who made it possible. It is our sincere hope that this camp continues to flourish, allowing many more generations of surgeons to join this extraordinary expanse and extended family in a place we called "HOME"!

Thank you for this exceptional experience and kindly accept our **recommendations and suggestions**:

- We strongly recommend that the ESES continue to support and ensure the continuation of this invaluable camp, making it accessible to young endocrine surgeons across Europe for years to come.
- Exceed the length of stay to 4 days will allow more timing of the topics, as we felt that sometimes there was not enough time for full teaching units, for which the strength was not equal in all subjects.
- To focus on more deep discussions, using the scientific papers.
- Replace MOCK exam with cases or a proper 15-minute MOCK exam among the groups.
- Place is amazing, to add a shower would be nice.

Sincerely,

The Participants of the 1st ESES Postgraduate Camp in Endocrine Surgery – Blattendürren

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