

AO Trauma Switzerland Annual Conference—Fracture Dislocations: Challenges of and around the Bone

May 07–08, 2026

Fribourg, Switzerland

PROGRAM



Mission

The AO's mission is promoting excellence in patient care and outcomes in trauma and musculoskeletal disorders.

The AO principles of fracture management

1



Fracture reduction and fixation to restore anatomical relationships.

2



Fracture fixation providing absolute or relative stability, as required by the "personality" of the fracture, the patient, and the injury.

3



Preservation of the blood supply to soft-tissues and bone by gentle reduction techniques and careful handling.

4



Early and safe mobilization and rehabilitation of the injured part and the patient as a whole.

Dear AO Trauma Switzerland Annual Conference participant,

We kindly invite you to the Annual Conference of AO Trauma Switzerland, which will take place on May 7–8, 2026, in Fribourg.

The administrative meeting will be held in the late afternoon of May 7, followed by a joint dinner for all AO Trauma Switzerland members and conference participants.

In the treatment of fracture dislocations, clinical decision-making should not focus solely on the bony injury. Ligamentous and periarticular soft-tissue structures around the affected anatomical regions are often equally relevant and have a significant impact on treatment strategy and outcome. Addressing these structures adequately remains a challenge.

We therefore look forward to addressing and discussing these key aspects under the conference theme: “Fracture Dislocations – Challenges of and Around the Bone.”

Participants enrolled in a residency training program and ORP are eligible for a 50% reduction in the registration fee this year (please contact the organizer directly).

We look forward to your participation and fruitful discussions.

Philippe Vial
HFR, Fribourg

Axel Gamulin
HUG Genève, Switzerland

Ruth Gremminger
President AO Trauma Switzerland

Chairpersons



Philippe Vial
HFR Fribourg, Switzerland



Axel Gamulin
HUG Genève, Switzerland

Thursday

May 07, 2026

Location: Restaurant Punkt – Saal Grenette

18:30–19:30 **ADMINISTRATIVE MEETING**

Annual Meeting (MEMBERS ONLY)

19:45 **Group dinner at Restaurant Punkt**

(For members and participants of the conference)

Friday

May 08, 2026

08:30-09:00 Registration

09:00-09:05 Welcome & Introduction

P Vial, A Gamulin

Upper Extremity

09:05-10:00 Elbow fracture dislocations

- Classification, tactics and approaches P Vial
- Terrible Triad: What are the goals and how do we get there? F Beeres
- Transolecranon Fractures/proximal ulna fractures: What and how do we fix? S Bouaicha

10:00-10:20 Discussion

10:20-10:40 Coffee Break

10:40-11:35 Fracture dislocations of the forearm (Monteggia fractures/Galeazzi fractures and Essex Lopresti lesions)

- Classification and diagnostic tactics B Oberreiter
- How to address the bony injuries V Morello
- When and how to address the ligaments/interosseous membrane M Stalder

11:35-11:55 Discussion

AO Trauma Switzerland

11:55-12:15 Swiss Science Award

R Gremminger

- 3 best Papers
- Voting (App) and Prize-give-away

12:15-12:25 Report from DACH Fellowship

E Winkler

12:25-13:30 Lunch

Guest lecture

13:30-14:00 Guest lecture (TOPIC TBD)

TBD (Pierre Hoffmeyer)

Lower Extremity

14:00-14:50 Fracture dislocations around the foot (Chopard and Lisfranc)

- Classification and diagnostic tactics L Weigelt
- How to address the bony injuries P Potocnik
- When and how to address the ligaments A Seidel

14:50-15:45 Proximal tibia fracture dislocations

- Classification and diagnostic/approach tactics Ch Michelitsch
- How to address the bony injuries L Haldemann
- When and how to address the injuries of ligaments and menisci R Martin

15:45-16:05 Discussion

16:05 -16:15 Feedback and Goodbye

P Vial, A Gamulin

Event information

Organization

AO Foundation

Noemie Ringgenberg
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Participants' contact

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Online Registration

<https://bit.ly/AOTraumaSwitzerlandAnnualMeeting2026>



Language

Presentation Slides: English
Language of presentation: English

Registration fee

CHF 100, Residents and ORP CHF 50

Included in the course fee are coffee breaks, lunch.

Cancellation policy

50% until 30 days before the event.
No refund thereafter.

National CME accreditation

An application will be made to the Swiss Orthopedics und SGC for CME accreditation of this event.

Venue

Curry Haus Sàrl
Restaurant Punkt
Place de Notre-Dame 4
1700 Fribourg
Phone: +41 26 322 6521
E-mail: fribourg@restaurant-punkt.ch
Website: www.restaurant-punkt.ch

General information

Event organization compliance

In certain countries where AO has no office but offers educational events, the AO cooperates with third party companies to conduct local organization and logistics, as well as to communicate with participants in the local language. In these cases, the AO has put rules and guidelines in place to ensure that this cooperation has no impact on the curricula, scientific program, or faculty selection.

AO funding sources

Unrestricted educational grants from different sources are collected and pooled together centrally by the AO.

All events are planned and scheduled by local and regional AO surgeon groups based on local needs assessments. We rely on industrial/commercial partners for in-kind support to run simulations/skills training if educationally needed.

Evaluation guidelines

All AO events apply the same evaluation process, which includes pre- and post-event online evaluation and on-site written questionnaires.

These evaluation tools help ensure that AO continues to meet your training needs.

Disclosures and conflicts of interest

Disclosure information and potential conflicts of interest (COI) can be viewed at the event webpage.

Intellectual property

Event materials, presentations, and case studies are the intellectual property of the event faculty. All rights are reserved. For more information, please see: www.aofoundation.org/legal.

Recording, photographing, or copying of lectures, practical exercises, case discussions, or any course materials is absolutely forbidden.



The AO Foundation reserves the right to film, photograph, and audio record during their events. Participants must understand that in this context they may appear in these recorded materials. The AO Foundation assumes participants agree that these recorded materials may be used for AO marketing and other purposes and made available to the public.

Security

There will be a security check at the entrance of the building. Wearing of a name tag is compulsory during lectures, workshops, and group discussions.

No insurance

The event organization does not take out insurance to cover any individual against accidents, theft, or other risks.

Use of mobile phone

Mobile phone use is not allowed in the lecture halls and in other rooms during educational activities. Please be considerate of others by turning off your mobile phone.

Sponsor(s)

We thank our major industry partner DePuy Synthes for contributing key in-kind support (materials and logistics), without which this event would not be possible, as well as an unrestricted educational grant.



Principles of AO educational events

1. Academic independence

Development of all curricula, design of scientific event programs, and selection of faculty are the sole responsibilities of volunteer AO network surgeons. All education is planned based on needs assessment data, designed and evaluated using concepts and evidence from the most current medical education research, and reflects the expertise of the AO Education Institute (www.aofoundation.org). Industry participation is not allowed during the entire curriculum development and planning process to ensure academic independence and to keep content free from bias.

2. Compliance to accreditation and industry codes

All planning, organization, and execution of educational activities follow existing codes for accreditation of high-quality education:

- Accreditation Criteria of the Accreditation Council for Continuing Medical Education, US (www.accme.org)
- ACCME Standards for Commercial Support: Standards to Ensure Independence in CME Activities (www.accme.org)
- Criteria for Accreditation of Live Educational Events of the European Accreditation Council for Continuing Medical Education (www.uems.eu)

Events that receive direct or indirect unrestricted educational grants or in-kind support from industry also follow the ethical codes of the medical industry, such as:

- Medtech Europe Guidelines on Interactions with Healthcare Professionals (www.medtecheurope.org)
- AdvaMed Code of Ethics on Interactions with Health Care Professionals (www.advamed.org)
- Mecomed Guidelines on Interactions with Healthcare Professionals (www.mecomed.com)

3. Branding and advertising

No industry logos or advertising (apart from the AO Foundation and its clinical divisions) are permitted in the area where educational activities take place.

Sponsors providing financial or in-kind support are allowed to have a promotional booth or run activities outside the educational area with approval from the event chairperson.

4. Use of technologies and products in practical sessions

In case practical sessions are chosen as an educational method to educate skills, the technologies and products used have been approved or reviewed by the AO Technical Commission—a large independent group of volunteer surgeons developing and peer-reviewing new technology on behalf of the AO Foundation.

Any technology and/or products used in the practical sessions of this event have been found suitable to serve the defined educational purposes.

This does not imply any statement about its use and performance in actual clinical scenarios.

More information on the AO Technical Commission can be found on the AO's website: www.aofoundation.org/tc.

5. Personnel

Industry staff members are not permitted to interfere with the educational content or engage in educational activities during the event.