



Advancing Your Practical Skills and
Knowledge in Knee Arthroscopy

A Joint Journey



25th March 2025 | 08:15 – 16:15



Johnson & Johnson AG
Luzernstrasse 21
4528 Zuchwil

Course Overview

This hands-on course is designed for knee surgeons aiming to deepen their expertise in knee arthroscopy techniques. Through a blend of theoretical instruction and intensive practical exercises, participants will enhance their diagnostic and surgical skills in managing common knee pathologies. This course also comprises a lunch symposium where participants have the chance to discuss challenging cases with the faculty members.

Target Group

Intermediate-level knee surgeons seeking to refine their diagnostic and surgical skills in arthroscopy and gain advanced hands-on experience.

Learning Objectives

- Strengthen understanding of knee arthroscopy principles and decision-making for knee pathologies.
- Refine techniques for arthroscopic meniscal tear repair
- Improve skills in ACL reconstruction, including graft selection and tunnel placement.



Prof. Dr. med.
Michael Worlicek
Schulthess Clinic



Dr. med.
Jean-Romain Delaloye
Kantonsspital Winterthur



Dr. med.
Bertram Rieger
Sport Ortho Rheinfelden

Agenda

25th March 2025

08:15 – 08:30

08:30 – 09:15

09:15 – 09:30

09:30 – 10:30

10:30 – 12:00

12:00 – 13:30

13:30 – 13:45

13:45 – 14:00

14:00 – 16:00

16:00 – 16:15

16:15

Registration, Coffee & Welcome

ACL & ALL - My Philosophy

Prof. Dr. med. Michael Worlicek

Dr. med. Jean-Romain Delaloye

Dr. med. Bertram Rieger

Changing and Access to Wetlab

Wetlab Session 1 – Meniscus Refixation

All

- All-Inside Meniscus Repair
- Root Repair
- Ramp Lesion Repair

Wetlab Session 2 – ACL & ALL Reconstruction

All

- Semitendinosus and quadriceps tendon harvesting for ACL reconstruction
- Demonstration of graft preparation
- Tunnel placement and graft insertion: Tips & Tricks - How to avoid common pitfalls during tunnel drilling and graft insertion.
- ALL techniques: Lemaire, Ellison, Sonnerly-Cottet

Lunch symposium – Case Discussions

All

- Faculty-led discussion of challenging reconstructive knee surgery
- Participants are encouraged to bring their own cases on a USB stick

Changing and Access to Wetlab

Improving Efficiency in Knee Surgery

Wetlab Session 3 – Free Anatomy Session

All

- Possibility to perform other procedures with the goal to have a stabilized knee at the end of the day: Posterolateral corner (PLC) injuries or PCL.

Feedback and Wrap-up

End of Program

Contact your local Sales consultant to register today!